



Exercise Science, Wellness & Restoration CTE



Principles of Health Science

Kinesiology 1

Kinesiology 2 / Anatomy & Physiology

Career Preparation 1

Students work in both the classroom and the Athletic Training facility with various sports teams on campus to practice their skills in Kinesiology and Exercise Science. Students learn about the importance of diet and exercise in an athlete's work, as well as focusing on techniques to help athletes recover from injury and maintain a healthy, balanced lifestyle.



College Majors

Nutrition Science

Kinesiology

Physical Therapy

Exercise Physiology



Careers

Exercise Trainer
(avg. yearly \$44,916)

Physical Therapist
(avg. yearly \$74,866)

Athletic Trainer
(avg. yearly \$54,447)



*Industry-Based
Certification*

Certified Personal Trainer



Scan the QR code for even more information, including videos, links, 360 degree camera views, and much more.

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